

Subject content

Year 7

Year 8

Year 9

Year 10

Year 11

Health and personal well being

Transition

Diet

Exercise

Making healthy choices

RSE unit

Alcohol

Screen time

First Aid

Personal Safety

Drug and

RSE unit

Mental and emotional well-being

Self-harm

Body image

Emotional well-being

Managing depression and

Conflict

RSE unit illicit

Body modification

Consent

Rape

Pornography and harassment

Addictions

Teen

Pornography

Consent

Body shaming

Sexual abuse / rape

Forced marriage

Honour based violence

Grooming

Sexual exploitation

Diversity of families

Careers / CVs

Developing key skills for work success

Human trafficking / County lines

Honour based violence

Forced marriage

FGM

Exploitation

Work experience prep

Suicide

Self-harm

Stress management

Personal values and healthy sexual choices

Debt

Party drugs and first aid

Contraception recap

Abortion

What is a healthy

Healthy sexual activity

Assertive and safe

Sexual harassment

Domestic abuse

Careers

Post 16 success

Interviews

Developing and implementing work ready skills

Financial capability – credit cards, loans, mortgages, payslips

Young drivers

Festivals

Healthy relationships

Friendships

Identity

Unwanted contact

Self-esteem and confidence

Bullying

LGBTQ

RSE unit

Managing change and loss

Emotions in relationships

Supporting others in crisis

Online safety

Grooming

Prejudice

Managing conflict at home

Tackling prejudice

RSE unit

Managing peer pressure

Grooming and sexual exploitation

Peer pressure

The Law and young people

Gang and knife crime

Homelessness

Tackling transphobia and sexism

Careers / aspirations / goal setting

GCSE options

Living in the wider world

Diversity

Prejudice

Cyber Bullying

Enterprise skills

Challenging stereotypes

Raising aspirations

Financial capability

Diversity

Prejudice

Tackling Bullying

Racism and promoting and understanding human rights

Global citizens-issues today

Digital literacy